









WEEK 1 MENU

W/C: 04/11, 25/11, 16/12, 06/01, 27/01, 17/02, 10/03, 31/03

CHOICE *One*

CHOICE *Two*

GRAB & GO *options*

	PASTA FAVORITES	SPICE IS NICE
MON	Vegetarian Bolognese  Served with Wholewheat Pasta and Mixed Salad	Catalan Spiced Bean and Potato Stew   Served with Herb Dumpling and Spiced Cauliflower
	BURGER BAR	BURGER BAR
TUE	Beef Burger Served with Baked Garlic and Herb Wedges and Corn on the Cob	Veggie Burger  Served with Baked Garlic and Herb Wedges and Corn on the Cob
	CLASSICS	CLASSIC
WED	Roasted Honey Glazed Ham Served with Roast Potatoes, Vegetables and Gravy	Macaroni Cheese  Served with Vegetables
	STREET	STREET
THUR	Chicken Katsu  Served with Wholegrain Rice	Korean Glazed Quorn Flatbread  Served with Satay Sweetcorn
	FRIDAY FAVOURITES	FRIDAY FAVORITES
FRI	Battered Fish Served with Baked Potato Wedges Peas and Baked Beans	Quorn Sausage Roll  Served with Baked Potato Wedges Peas and Baked Beans


HOT DISHES:

Paninis
Pasta and Sauces
Freshly Baked Pizza
Jacket Potato and Toppings

SALADS:

Tuna and Sweetcorn Pasta Salad 
Pesto Pasta Salad   
Roasted Indian Chickpea Salad  

SANDWICHES/BAGUETTES:

Ham and Cheese Sandwich
Chicken Salad Sandwich
Cheese Baguette 
Tuna Mayo Baguette
BLT Baguette

WRAPS:

Pepper and Houmous Wrap   
BBQ Chicken Wrap  
Chicken Caesar Wrap  












WEEK 2 MENU

W/C: 11/11, 02/12, 23/12, 13/01, 03/02, 24/02, 17/03

CHOICE One

CHOICE Two

GRAB & GO options

	PAN ASIAN	CLASSICS
MON	Chickpea and Vegetable Jalfrezi  Served with Wholegrain Rice	Vegetarian Sausage and Mash  Served with Vegetables and Gravy
	FEASTIVAL	FEASTIVAL
TUE	Chilli Beef Cheese Nachos  Served with Salad	Rajasthani Red Lentil Curry    Served with Wholegrain Rice
	CLASSIC	HOT DELI
WED	Roast Beef Served with Roast Potatoes, Vegetables and Gravy	Roasted Rainbow Vegetables with Houmous   Served with Flatbread Fingers
	NOODLE BAR	NOODLE BAR
THUR	Chicken Yakisoba Served with Vegetables	Soya Yakisoba   Served with Vegetables
	FRIDAY FAVOURITES	FRIDAY FAVORITES
FRI	Southern Fried Chicken Wrap Served with Baked Potato Wedges Peas and Baked Beans	Cheese & Onion Bake  Served with Baked Potato Wedges Peas and Baked Beans


HOT DISHES:

Paninis
Pasta and Sauces
Freshly Baked Pizza
Jacket Potato and Toppings

SALADS:

Tuna and Sweetcorn Pasta Salad 
Pesto Pasta Salad   
Roasted Indian Chickpea Salad  

SANDWICHES/BAGUETTES:

Ham and Cheese Sandwich
Chicken Salad Sandwich
Cheese Baguette 
Tuna Mayo Baguette
BLT Baguette

WRAPS:

Pepper and Houmous Wrap   
BBQ Chicken Wrap  
Chicken Caesar Wrap  












WEEK 3 MENU

W/C: 18/11, 09/12, 30/12, 20/01, 10/02, 03/03, 24/03

CHOICE One

CHOICE Two

GRAB & GO options

	STREET	STREET
MON	Cheese and Bean Toastie  Served with Baked Garlic & Herb Wedges and Mixed Salad	Butterbean, Blackbean and Coconut Stew    Served with Wholegrain Rice and Mixed Salad
	PAN ASIAN	PAN ASIAN
TUE	Sweet and Sour Beef Meatballs  Served with Wholegrain Rice and Satay Sweetcorn	Teriyaki Vegetarian Wrap    Served with Satay Sweetcorn
	CLASSIC	GLOBAL
WED	Roast Chicken Served with Roast Potatoes, Vegetables and Gravy	West African Vegetable Rice  Served with Vegetables
	ITALIAN	ITALIAN
THUR	Cheesy Mac Bolognese Served with Garlic and Herb Bread and Mixed Salad	Cheesy Mac Veggie Bolognese  Served with Garlic and Herb Bread and Mixed Salad
	FRIDAY FAVOURITES	FRIDAY FAVORITES
FRI	Battered Fish Served with Baked Potato Wedges Peas and Baked Beans	Vegetable Katsu Roll  Served with Baked Potato Wedges Peas and Baked Beans


HOT DISHES:

Paninis
Pasta and Sauces
Freshly Baked Pizza
jacket Potato and Toppings

SALADS:

Tuna and Sweetcorn Pasta Salad 
Pesto Pasta Salad   
Roasted Indian Chickpea Salad  

SANDWICHES/BAGUETTES:

Ham and Cheese Sandwich
Chicken Salad Sandwich
Cheese Baguette 
Tuna Mayo Baguette
BLT Baguette

WRAPS:

Pepper and Houmous Wrap   
BBQ Chicken Wrap  
Chicken Caesar Wrap  